



GET OUT THERE

SUMMER 2022

RECREATION & EVENTS GUIDE

The word "Sicamous" is written in a dark, elegant script font. A small, bright yellow star is positioned above the letter 'i'.

LIVE MORE

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ABOUT THIS GUIDE

Growth of Recreation Programs, Services and Spaces is a Council Strategic Priority. This Rec Guide features programming offered by both the District of Sicamous and non-profit organizations. The purpose of this guide is to promote recreation, health and wellness in the community.

ONLINE REGISTRATION

REGISTER ONLINE FOR RECREATION PROGRAMS!

Creating an account with Amilia SmartRec is quick and easy! Here, you can manage all of your family's recreation activities with the District of Sicamous under one account.

Visit www.sicamous.ca/live-here/recreation/online-registration.

- * Select a program and click the blue icon to purchase, you will be prompted to login. If you do not have an account, click 'Create an account'.
- * Complete the required fields. When your account has been created you will be sent a confirmation email to validate the account.

You can manage your account from the 'My Account' drop down where your email is visible on the top right corner of the page. Here you can view billing information, purchases and manage family members.

E-cheque and credit card payments are accepted for online registration. If you have questions about online registration, please contact Recreation at 250-836-2477 or recreation@sicamous.ca.



DISTRICT OF SICAMOUS

Box 219, 446 Main Street, Sicamous BC, V0E 2V0

T: 250-836-2477 • E: recreation@sicamous.ca • www.sicamous.ca 1

SUMMER KIDS CAMP

SUMMER KIDS CAMP

for Ages 6 - 11

WEEK OF CAMP	REGISTRATION DEADLINE
June 27 – June 30	June 24
July 4 – July 8	June 30
July 11 – July 15	July 8
July 18 – July 22	July 15
July 25 – July 29	July 22
August 2 – August 5	July 29
August 8 – August 12	August 8
August 15 – August 19	August 12
August 22 – August 26	August 19

NOTE: There is no Kids Camp on July 1st and August 1st

Time: 8:00 a.m. – 5:30 p.m.

Location: Finlayson Place (Upstairs 217 Finlayson St)

Fee: \$45/Per Day | \$175/5-Day Pass | \$300/10-Day Pass

Required Items: A full lunch, water bottle, sunscreen, hat, swimsuit, towel, life jacket and appropriate outdoor wear.

* There may be extra fees for special treat days.



SKATEBOARD CAMP

The District is excited to offer our first Skateboard Camp!

Ages: 6 - 14 years old

Dates: August 8 - August 11, 2022

Time: 9:00 a.m. - 4:00 p.m.

Location: Finlayson Park Skateboard Park

Fee: \$300

Required Items: A full lunch, water bottle, sunscreen, skateboard, protective gear and swimwear for the beach. Scooters are welcome!

Instructors Adrian, Steph and Simon will teach the basics of skateboarding like dropping in, kick turns, park safety and manoeuvres that will prepare them for a lifetime of skill development!



REGISTER ONLINE! [SICAMOUS.CA/LIVE-HERE/RECREATION](https://sicamous.ca/live-here/recreation)

RED CROSS SWIM LESSONS

PRE-SCHOOL SCHEDULE

Level	Age	Description	Time	Dates
Starfish	4 - 12 months	Parent Assisted Class	1:30 pm - 2:00 pm	July 4 - 15
			2:00 pm - 2:30 pm	July 18 - 29 Aug 2 - 12 Aug 15 - 26
Duck	12 - 24 months	Parent Assisted Class	1:30 pm - 2:00 pm	July 4 - 15
			2:00 pm - 2:30 pm	July 18 - 29 Aug 2 - 12 Aug 15 - 26
Sea Turtle	24 - 36 months	Front / Back Floats, handle chest deep water	Upon Request for private lesson	July 4 - 15 July 18 - 29 Aug 2 - 12 Aug 15 - 26
Sea Otter	3 - 5 years	Front / Back Floats & Kicks swim 1 meter unassisted	11:30 am - 12:00 pm	July 4 - 15 Aug 2 - 12
			10:30 am - 11:00 am	July 18 - 29 Aug 15 - 26
Salamander	3 - 5 years	Same as above swim 2 meters	10:30 am - 11:00 am	July 4 - 15 Aug 2 - 12
			11:00 am - 11:30 pm	July 18 - 29 Aug 15 - 26
Sunfish	3 - 6 years	Swim with PFD in deep water swim 5 meters	10:30 am - 11:00 am	July 4 - 15 Aug 2 - 12
			11:30 am - 12:00 pm	July 18 - 29 Aug 15 - 26
Crocodile	3 - 6 years	Same as above swim 15 meters	2:00 pm - 2:30 pm	July 4 - July 15
			2:30 pm - 3:00 pm	July 18 - July 29
			1:30 pm - 1:00 pm	Aug 2 - Aug 12
			2:30 pm - 3:00 pm	Aug 15 - Aug 26

LOCATION

Sicamous Beach Park, 1412 Silver Sands Road

RED CROSS SWIM LESSONS

KIDS LEVEL SCHEDULE (MINIMUM AGE 5)

Level	Description	Time	Dates
1	No previous experience required	1:00 pm - 1:30 pm	July 4 - 15 July 18 - 29 Aug 2 - 12 Aug 15 - 26
2	Must be able to deep water swim for more than 10 metres.	1:00 pm - 1:30 pm	July 4 - 15 July 18 - 29 Aug 2 - 12 Aug 15 - 26
3 - 10 & Private Lessons	Inquire at Recreation Office 250-836-2477 Ext.2192	10:00 am - 10:30 am 12:00 pm - 1:00 pm 3:00 pm - 4:00 pm	July 4 - 15 July 18 - 29 Aug 2 - 12 Aug 15 - 26



RATES (FOR 10 SESSIONS)

Preschool & Levels 1 - 6 - 30 Minutes	\$60
Levels 7-10 - 45 Minutes	\$75
Private Lessons - 30 Minutes	\$125

Single Lessons (as available)

Private Lesson - 30 Minutes	\$30 first child, \$15 second or third child
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LOCATION

Sicamous Beach Park, 1412 Silver Sands Road

FAMILY PROGRAMS

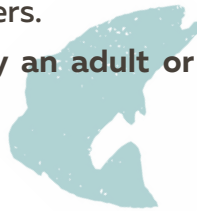
LEARN TO FISH

Would your child like to learn how to fish but you don't have access to a boat and the gear? Contact the District of Sicamous Recreation Office at 250-836-2477 ext. 2192 to get your name on the list. Our goal is to work with your schedule to allow this program to happen with local anglers.

Children must be accompanied by an adult or guardian for each trip.

Ages: 5 - 15 years old

Cost: FREE



COMMUNITY FAMILY GAME NIGHTS:

Bring your family and friends out to Finlayson Park. The Recreation Department will have games set up throughout the park for families to play against each other or to challenge your neighbours.

Each night will vary in the games provided.

Dates: Wednesday July 20 & Wednesday August 3

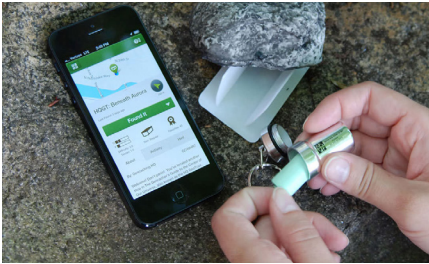
Time: 6:00 p.m. - 8:00 p.m.



FAMILY PROGRAMS

SICAMOUS GEO-TOUR

Visit exploresicamous.ca for the Geotourguide, map and cache clues!



WILDSAFE RANGERS PROGRAM



The WildSafeBC Ranger Program introduces children to the concept of human-wildlife conflict and fosters a respectful relationship with all wildlife that emphasises keeping wildlife wild and communities safe.

WildSafe Rangers will teach:

- Basic needs (habitat requirements) of local wildlife species
- Root causes of human-wildlife conflicts
- How human-wildlife conflicts impact both people and animals
- What we can do at home to prevent human-wildlife conflicts
- How to stay safe in wildlife country

Dates: Saturday July 16 & Saturday August 6 in the tent at the Beach Park, 1412 Silver Sands Road

Time: 10:00 a.m. – 11:30 a.m.

Cost: \$5/kit **LEARN MORE** www.wildsafebc.com/wrp/

ADULTS – Stay for the Bear Spray Workshop afterwards! \$5

TENNIS LESSONS

TENNIS LESSONS WITH MARY MANLEY:

Mary is a Level One Tennis Profession Association (TPA) Instructor and enjoys coaching all levels of players. She has a long history in tennis as a competitive junior and NCAA Division 1 athlete at Arizona State. Mary holds several national senior singles and doubles titles; however, her proudest accomplishment is building Edmonton Little Aces from scratch into hundreds of children playing tennis annually at recreation centres and tennis clubs across the city. Mary is excited to be a part of the Sicamous tennis community and looks forward to seeing you all on the courts! Racquets can be supplied. Request when registering.

Kids Program

Dates: Monday July 11 – Thursday July 14, 2022
Time: 1 hour sessions. 9 a.m. / 10 a.m. / 11 a.m.
Location: Sicamous Tennis Courts
Ages: 4–5, 6–8, 9–15
Cost: \$72 – Register by June 22, 2022

Adults Program – F.A.S.T (Fun Adult Starter Tennis)

Dates: Monday June 27, Wednesday June 29,
Monday July 4 & Wednesday July 6.
Time: 6:30 p.m. – 8:00 p.m.
Location: Sicamous Tennis Courts
Ages: 16 +
Cost: \$150 – Register by May 9, 2022

ADULT DROP IN PROGRAMS

Activity	Location	Time	Dates	Cost
Spike Ball	Sicamous Beach Park	6:00 p.m. - 8:00 p.m.	Tuesday's July 5 to August 23	FREE
Beach Volleyball	Sicamous Beach Park	6:00 p.m. - 8:00 p.m.	Wednesday's July 6 to August 24	FREE
Outdoor Fitness Class	Sicamous Exercise Park	8:00 a.m. - 9:00 a.m.	Thursday's July 7 to 29 & August 4 to September 1	\$6 No class August 11
Outdoor Pickleball	Sicamous Tennis Court	8:30 a.m. - 9:30 a.m.	Tuesday's June 7 to August 30	FREE
Wiser Yoga* for Ages 45-75	Sicamous Beach Park	10:00 a.m. - 11:00 a.m.	Wednesday's June 15 to July 20	\$6

* Instructor Chris Ridout is a certified Yoga Instructor, trained in Rishikesh, India – the Yoga capital of the world and where the Beatles studied meditation. He trained under Sadhvi Abha Saraswati at Parmarth Niketan.

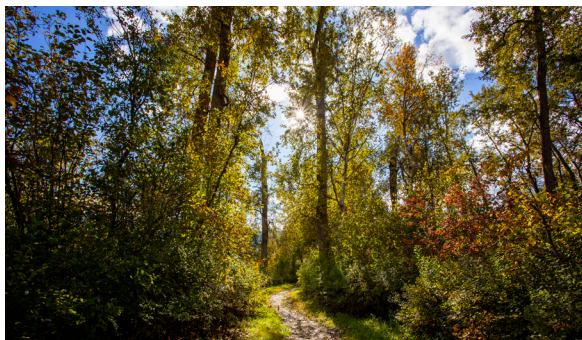
He has been teaching Yoga for 20 years and created "Wiser Yoga" that considers age, health conditions, previous injuries and a different energy level from younger individuals.

Come meet under the tent at the Beach Park to participate.

LET'S GET OUTDOORS!

WALKING/BIKING GROUPS

Would you like to join a walking or biking group? The District of Sicamous would like to help facilitate like minded individuals in forming these groups. Contact us with your contact details and we will work with you to get these programs running.



GUIDED HIKES

Would you like to go hiking but are unsure where to go, what trail is best suited to you, what to bring?

Then you should sign up for one of our guided hikes being offered by Shannon Werner. She is a certified guide who works for Avalanche Canada. Hikes will be chosen by the skill level of the participants.

Some potential hikes are: North Fork Wild, Enderby Cliffs, Larch Hills, Eagle Pass Lookout, and the Joss Mountain Trail.

Participants are responsible for their own transportation to and from the trail head.

Dates: Wednesday's August 3, 10, 17, 24 & 31

Cost: \$40/person

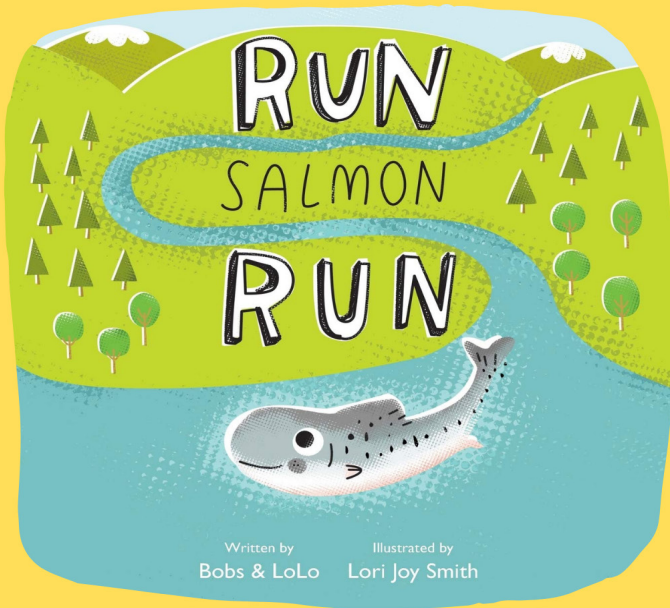
REGISTER ONLINE! [SICAMOUS.CA/LIVE-HERE/RECREATION](https://sicamous.ca/live-here/recreation)

STORY WALK

Presented by The Shuswap Children's Association and
The Eagle Valley Community Resource Centre

An Interactive Storywalk®

Drop by for an active reading experience of:



**Thursday, June 9th
10:00 a.m. onwards**

Trail along Highway 97A, Sicamous

Contact
CCRR@shuswapchildrens.ca
or call 250 832 4191
for more information



www.shuswapchildrens.ca

TAKE A STROLL

EARLY YEARS

SICAMOUS PARENTS & TOTS (FREE!)

Fridays | 10:00 a.m. to 12:00 p.m. | September – June
Eagle Valley Resource Centre (1214 Shuswap Ave)

Parents & Tots is a welcoming and inclusive space where parents and children can play and have fun together. This is a free drop-in activity for families with children ages 0-6. Call Gwyneth at 250-836-3440.

SICAMOUS BABY TALK (FREE!)

Tuesdays 10:00 a.m. to 12:00 p.m.

Eagle Valley Resource Centre (1214 Shuswap Ave)

For infants 0 to 12 months and their caregivers, Sicamous Baby Talk provides a space for socialization, information, activities and parenting support. For more information, please call 250-836-3440.

SICAMOUS PRESCHOOL

Morning and Afternoon Classes

September – June Sicamous Preschool
(1121 Eagle Pass Way)

Sicamous Preschool offers Early Childhood Education classes for children age three to five in a fun, caring and creative environment. To learn more about programming, please call 250-836-4573 or visit sicamouspreschool.ca.



PARKVIEW STRONG START (FREE!)

Morning and Afternoon Classes | September – June
Parkview Elementary School (605 Parksville St)

This is a parent participation class for families with children age 0-5 during weekdays when school is in session. Please contact Parkview Elementary at 250-836-2871 to register.

EARLY YEARS



MALAKWA PARENTS & TOTS (FREE!)

Friday's 10:00 a.m. to 12:00 p.m.

Malakwa Preschool

(4055 Malakwa Cemetery Rd)

Malakwa Baby Talk is a free, drop-in program for families with children ages 0-6. Please contact Pavlina at 250-833-8133 or 250-836-3440 to learn more about this program.

MALAKWA PRESCHOOL

Tuesday's and Thursday's, 9:00 a.m. to 12:00 p.m.

September - June (4055 Malakwa Cemetery Rd)

Licensed for children ages 30 months to five years, Malakwa Preschool provides a structured play and early learning environment that support skill development. For more information, please call Audrey at 250-463-1821 or 250-836-3440.

MALAKWA LAUGH & LEARN (FREE!)

Wednesday's 10:00 a.m. to 12:00 p.m. (bi-weekly)

Malakwa Preschool (4055 Malakwa Cemetery Rd)

Malakwa Laugh & Learn is a free drop-in program for families with children aged 0-3 to learn and play together. For more information, please contact 250-836-3440.

BUSY BEES TODDLER PROGRAM (FREE!)

Friday's 10:00 a.m. to 12:00 p.m.

Sicamous Beach Park (1412 Silver Sands Road)

Don't miss the FREE fun-filled program. The fun will include crafts, circle time, playground play and a snack. All parents with children under six are welcome. For more information on this program call Gwyneth 250-836-3440.

FITNESS & ATHLETICS

SICAMOUS PICKLEBALL CLUB

Have you always wanted to try pickleball?

Pickleball combines the elements of tennis, badminton and ping pong and can be played as doubles or singles. It can be played both indoors and outdoors on a badminton-sized court and slightly modified tennis net using a paddle and plastic ball.

Sicamous Pickleball Club plays at the Sicamous Curling Rink (1121 Eagle Pass Way) and is accepting new members for the 2022 Spring and Summer Season. If you are new to pickleball, club members will offer beginner sessions upon request.

Use their Sign-up Genius Program to book your playing time. See the link below or check out their Facebook Page – Sicamous Pickleball.

Open to all levels, they even offer coaching sessions on Wednesdays from 11am to 1pm.

Come check it out and join a club that simply loves the game!
<https://www.signupgenius.com/go/9040d4eabad2ca5f85-sicamous>

For more information please email Club President Mike Sheehan at sicamouspickleball@gmail.com.



FITNESS & ATHLETICS

EAGLE VALLEY DRAGON BOAT CLUB

June through August, start your day on the lake with the Eagle Valley Dragon Boat Club! Paddles, PFDs, safety gear and paddling tips included.

Dates: Tuesday and Thursday | June to August

Time: 6:50 – 8:00 a.m.

Fee: Annual Membership or \$10 Drop-In Fee

Location: Sicamous Public Wharf
Main Street Landing

The latest EVDBC news is posted on the boathouse at Main Street Landing. For more information, please contact Fred at 250-719-1956 or Tina at 250-804-1929.



SICAMOUS MINOR HOCKEY

Dont forget to register for Sicamous Minor Hockey! Summer will be over before we know it.

Fall registration is open for Sicamous Minor Hockey to contact the Sicamous and District Minor Hockey Association, please see the options listed below.

Website: www.sicamousminorhockey.net

Email: sicamousminorhockey@gmail.com

Facebook page: Sicamous and District Minor Hockey Association

COMMUNITY CENTRES

SICAMOUS SENIOR'S CENTRE



Day	Activity	Time	Cost
Tuesday	Early Morning Coffee	7:00 a.m.	\$1
Wednesday	Early Morning Coffee	7:00 a.m.	\$1
Wednesday	Wednesday Lunch Day	12:00 p.m.	\$9
Wednesday	Card Night	7:00 p.m.	\$2
Thursday	Early Morning Coffee	7:00 a.m.	\$1
Friday	Wii Bowling or Golf	10:00 a.m.	Coffee Included
Saturday	Early Morning Coffee	7:00 a.m.	\$1

Sicamous & District Seniors Centre

Address: 1091 Shuswap Ave

Phone: 250-836-2246

Email: seniorctr@cablelan.net



COMMUNITY CENTRES

RED BARN ARTS CENTRE



Day	Activity	Time
Wednesday	Dody's Art for Everyone	10:00 a.m. to 2:00 p.m.
Tuesday	Sicamous Community Amateur Theatre	6:30 p.m.
Friday	Brush & Palette Club \$5 for drop-in	10:00 a.m. to 2:00 p.m.

MINDSET ART CLASSES

Lolita and Jordyn, a mother-daughter Mindset Coaching team, bring you into space where you are guided by a releasing meditation, connecting, and visualizing your highest self through journaling, with high vibe music and expressing your emotions onto the art piece. These classes will leave you feeling inspired and empowered.

Dates: Thursday, July 28 and Thursday, August 18

Time: 7:00 p.m. – 9:00 p.m.

Cost: \$120/person each session

Eagle Valley Arts Council/Red Barn

Address: 1226 Riverside Ave

Website: eaglevalleyartscouncil.com

Email: info@eaglevalleyartscouncil.com



COMMUNITY CENTRES

SICAMOUS LEGION

Day	Activity	Time
Wednesday	Darts	6:00 – 9:00 p.m.
Thursday	Shuffle Board	2:00 – 4:00 p.m.
Friday	Pool Tournament	7:00 – 10:00 p.m.
Saturday	Meat Draw	3:00 – 6:00 p.m.
Sunday	Meat Draw & Live Music	3:00 – 6:00 p.m.

Royal Canadian Legion - Branch 99

Address: 322 Main St

Phone: 250-836-2224

Email: rcl-99@cablelan.net



COMMUNITY CENTRES

OKANAGAN REGIONAL LIBRARY (ORL)

Summer Reading Club, June 14th – September 4th

The BC Summer Reading Club is a free literacy program designed to engage school-aged children, ages 5-14, with libraries and reading, throughout the summer. Younger family members are welcome to participate. Medals are awarded for completed reading records as well as prize draws throughout the summer. Stop by the Sicamous Branch for more information.

Bingo for all ages, June 14th – September 4th

The Sicamous Branch is hosting a summer bingo. There will be 2 prize draws, one for children and one for adults.

Indigenous Story Time, Tuesday, July 5th 10:30 – 11:30 Registration Required

Helen Gallagher is an Okanagan Nation member from the Osoyoos Indian Band, a residential school survivor, and a teacher for 30 years. Helen will share Okanagan legends that have been handed down for generations that include Coyote and How Things Came to Be as well as contemporary stories by Indigenous authors that reflect Indigenous lifestyle. The stories will vary in length and there will be an art activity that relates to the story. This will help the students better remember the story so that they may share it with their families.

ORL, Sicamous Branch

Address: 446 Main Street

Phone: 250-836-4845

Website: www.orl.bc.ca



MARKETS

SICAMOUS FARMERS MARKET

The Sicamous Outdoor Farmer's Market is accepting vendor applications for the 2022 season. Please email sicamousfarmersmarket@gmail.com.

Dates: Fridays from June 17 – September 16, 2022

Time: 4:00 p.m. to 7:00 p.m.

Location: 322 Main Street, Sicamous Legion Parking Lot



SICAMOUS SATURDAY MARKET

The Sicamous Saturday Market is held year round. Come check it out!

Time: 10:00 a.m. – 2:00 p.m.

Location: 1091 Shuswap Ave, Sicamous Seniors Centre

SATURDAY NIGHT MARKET

The Saturday Night Market is new this season. A boho's paradise! Music, Wood workers, Crafters, Hair Wrap & Henna

Time: Saturday's 3:00 p.m. – 9:00 p.m. until August 6

Location: 224 Finlayson Street

DISTRICT FACILITY RENTALS

FACILITY RENTALS FAQ:

Q - What parks or facilities are available to rent?

Finlayson Park, Sicamous Beach Park, Lions Park, Sicamous Dog Park, Wash Car, Stage, Curling Rink, the Eagles Nest.

Q- Is there a fee to rent District-owned facilities?

Yes. There is a \$200 refundable damage deposit. Rental of the District stage, portable wash car and facilities such as the Curling Rink and the Eagles Nest have rental rates and damage deposits.

Q - When you book park space for an event, do you have sole access during that time?

No. As a public park, the public cannot be restricted access. However, the District can secure a designated area for your event. Please note the Sicamous Beach Park can not be blocked off to the public.

Q - If I want to rent the District Stage or Wash Car do I have to set it up?

No. The rental fee includes setup of these items. Please note that the wash car requires special transportation and additional fees apply.

Q - Where can I find more information?

Visit Sicamous.ca or contact the Recreation Department at 250-836-2477. You may also email the Community Services Manager at jfreund@sicamous.ca or the Recreation Coordinator at recreation@sicamous.ca.

EVENTS

SICAMOUS IS THE PLACE TO BE THIS SUMMER!!

We are excited to welcome back numerous events and hope to see you out and about. To kick off the season, join us for **SicaMouse!!**

SICA MOUSE 2022

FRIDAY JUNE 24TH 5-8PM
PARKVIEW ELEMENTARY SCHOOL FIELD
INFLATABLE RIDES FOR KIDS
FUNNEL CAKES* HOT DOGS* GAMES &
PRIZES COSTUMED CHARACTERS
ALL FOR FREE



EVENTS

Hosted
by:

Eagle Valley Brush & Palette



INVITES YOU TO OUR 43rd ANNUAL SUMMER ARTS and CRAFT SHOW

ART SHOW & SALE

Red Barn Art Center

Open House Wednesday June 29 @ 7 p.m.
Show Thursday, June 30 10 a.m. - 4 p.m.
through Sunday, July 3 2022



Wheelchair Accessible

Admission by
Donation

Refreshments
Available



Sponsored by: Eagle Valley Arts Council



BRITISH
COLUMBIA



BRITISH COLUMBIA
ARTS COUNCIL
An agency of the Province of British Columbia

Sicamous
LIVE MORE

"Explore Local Art"

eaglevalleyartscouncil.com

The Eagle Valley Brush and Palette Club invites you to attend their 43rd Annual Summer Arts and Crafts Show and Sale coming up on the July 1st Canada Day weekend. The Artisans will be in attendance at the Red Barn Open House on Wednesday evening, June 29th commencing at 7 p.m. Come and meet the talented creators of their works of art.

CANADA DAY WEEKEND

FRIDAY – JULY 1, 2022

Road Hockey Tournament

Open to 8 teams in the following age groups:

2015 – 2017 (5 – 7)

2012 – 2014 (8 – 10)

2010 – 2011 (11 – 12)

2008 – 2009 (13-14)

2006 – 2007 (15 – 16)

The 19 + division will be playing at Brother's Tavern, 420 Main St.

Time: 9:00 a.m. to 3:00 p.m.

Location: Eagle River Secondary Tennis Courts, 518 Main St.



Children's Festival

The event will include Kiki the Eco Clown, puppet shows, crafting stations and more.

Time: 10:00 a.m. to 2:00 p.m.

Location: The Red Barn, 1226 Riverside Ave

Sicamous Farmer's Market

Time: 4:00 p.m. to 7:00 p.m.

Location: 322 Main Street, Sicamous Legion Parking Lot

LOCATION

Around Town

CANADA DAY WEEKEND

FRIDAY - JULY 1, 2022

Beach Park Activities

3:00 p.m. - 7:00 p.m.

Outdoor games, face painting,
fireman's foam pit

3:00 p.m. - 9:30 p.m.

Beverage Gardens - hosted by the
Sicamous Curling Club



On the Stage

Time	Artist
3:00 p.m. - 4:00 p.m.	Sicamous' very own Sick Moose
4:30 p.m. - 5:00 p.m.	Bubble Wonders Family Show
5:00 p.m. - 6:00 p.m.	Magician Leif David
6:30 p.m. - 7:30 p.m.	Me and Mae (Country Band)
8:00 p.m. - 9:30 p.m.	Trigger Mafia (Rock Band)

FIREWORKS AT DUSK



LOCATION

Sicamous Beach Park, 1412 Silver Sands Road

WEEKLY EVENTS

MUSIC IN THE PARK (FREE!)

Mondays from 6:30 p.m. - 8:00 p.m.

Date	Artist
August 29 **	Ben Klick
July 11	Headway
July 18	Daring Greatly
July 25	Banda Taverna
August 1	Georgie Lyons
August 8	Maritime Kitchen Party
August 15	Maggie May
August 22	Sister Speak



MOVIE IN THE PARK (FREE!)

Thursdays starting at 8:30 p.m.

NEW LOCATION - Under the tent at the Beach Park

Date	Movie	Runtime	Rating
July 28	Goonies	1:55	PG13
August 4	Weekend at Bernie's	1:37	PG13
August 11	Footloose (Original)	1:44	PG13
August 18	McLintock	2:07	PG13
August 25	Miracle	2:16	8+
Spetember 1	Big	1:44	PG13
September 8	The Outsiders	1:54	PG13

LOCATION

BICYCLES, BOOMERS, BABIES & ROOTBEER

SATURDAY - JULY 16, 2022

Pancake Breakfast hosted by the Seniors

Time: 8:00 a.m. to 11:00 a.m.

Location: Sicamous Seniors Centre, 1091 Shuswap Ave

Cost: Posted at the door



Seniors Scooter Races

Back by popular demand! Decorate, dress-up and put the pedal to the medal!

Time: 11:00 a.m. to 12:00 p.m.

Location: Sicamous Legion Parking Lot, 322 Main Street



Kids Bike Games

Time: 12:00 p.m. to 1:00 p.m.

Location: Sicamous Legion Parking Lot, 322 Main Street

Decorate your bike old school style (ask Grandma and Grandpa for ideas) and try out the Obstacle Course.

FAMILY FUN DAY

SATURDAY - JULY 30, 2022

Co-hosted with the District of Sicamous Chamber of Commerce

Time: 10:00 a.m. to 3:00 p.m.

Events	Time
Sandcastle Competition	10:00 a.m. - 2:00 p.m.
Cardboard Boat Races	11:00 a.m.
Kids Talent Show	12:30 p.m. - 2:00 p.m.
Mitch Zorn and Dawson Grey	2:00 p.m. - 3:00 p.m.



Bounce Houses
10:00 a.m. - 2:00 p.m.

**Community BBQ
(by donation)**
11:00 a.m. - 1:00 p.m.

Beverage Gardens
11:00 a.m. - 2:30 p.m.



LOCATION

BIRTHDAY PARTY PACKAGES

NEW FOR 2022

Not sure what to do for your child's birthday this year? Why not contact the District of Sicamous about one of our new birthday party packages?

Packages include set up and clean up of the party by our party leader and two hours of entertainment.

Host the party in your backyard or Municipal park.

Cost of packages are \$150 for 2 hours and up to 8 children.

Parents provide the cake, party food and beverages and any special decorations outside of the party package theme.



Possible Themes
Bounce Houses
Movie Nights
Craft Parties
Gaming
Makeovers
Bring your ideas!

GET OUT THERE

Sicamous



SUMMER 2022

RECREATION & EVENTS GUIDE



WE WANT TO HEAR FROM YOU!

Contact District of Sicamous Recreation if you have questions or suggestions for programming or would like to collaborate on offering a course or program. We are seeking recreation instructors and community partnerships!

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